

# 2020-2023 Community Health Improvement Plan Initiatives

## Focus Area 1) Behavioral Health

1. Weekly visits to school counselors to identify individuals with needs and proactively design plan of care
2. Monthly articles, tips and techniques about mental health issues in area media vendors
3. Raise awareness for Behavioral Health and Senior Life Solutions at SRMC
4. Offer an annual survey to assess progress and areas of need

## Focus Area 2) Chronic Care

1. Promote chronic care management 'program inserts' to community via social media/website with email signup for free download
2. Research the viability and usage for the Living Well online program
3. Determine three key areas for current Chronic Care Management participants to track improvements
4. Promote Direct Access Testing

## Focus Area 3) End of Life

1. Create annual Senior Life Healthfair promoting area available resources
2. Offer doula training to develop a EOL volunteer support system
3. Determine if partnering with Hospice of the Plains is a possible hospice provider of services for our area

### 2020 CHNA GOVERNANCE APPROVAL

The 2020-2023 Community Health Needs Assessment was adopted on December 1, 2020 by the board of Sidney Regional Medical Center. Final report will be posted Jan 1, 2021.

*Jason Petik*

*Dec 1, 2020*

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**Jason Petik,**  
Chief Executive Officer

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**Date**

*Tim Miller*

*Dec 1, 2020*

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**Tim Miller,**  
Vice Chairman of the Board  
Sidney Regional Medical Center

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**Date**

### CHNA/CHIP Contact:

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## Letter from the Chairman of the Board

To our valued community members:

On behalf of the Sidney Regional Medical Center (SRMC) staff and employees I would like to share our appreciation for the opportunity to care for you, your family and friends.

Our vision at SRMC is to be the healthcare system of choice. We do so by an ongoing focus toward providing care options and opportunities that best address the evolving healthcare needs for those in our region. Through collaboration with other healthcare systems and regional resources we are improving the health of our communities that benefit the whole person through all stages of life.

As a Critical Access Hospital located in a rural area, SRMC strives to provide care that supports our patients desire to receive high-quality health care close to home.

To support our mission and vision, as a nonprofit hospital, we have dedicated resources that are designed to manage the requirements enacted by the *2010 Patient Protection and Affordable Care Act* and the Community Health Needs Assessment (CHNA). A CHNA is essentially a review of current health activities, resources, initiatives, gaps and limitations in order to identify areas of improvement needed in our community.

Every three years an assessment is completed and a plan is created to address the most important identified initiatives that are learned from the assessment. We are pleased to present you with the results of our 2020 CHNA and the Community Health Improvement Plan (CHIP). We invite your feedback and comments, as your input will help guide and impact our next CNHA which will be undertaken again in three years.

Sincerely,

*Bill Pile*

William Pile

Chairman of the Board  
Sidney Regional Medical Center